

happy



sad



mad



silly



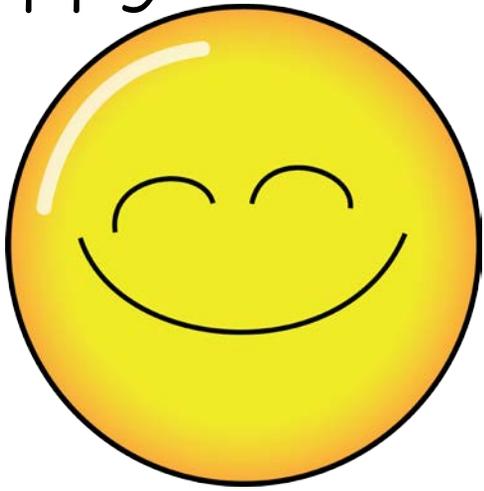
scared



worried



happy



sad



mad



silly



scared



worried



MONSTER FEELING GAMES

We know it is important to talk about how someone looks when they feel a certain way. Often we focus on their mouth. When someone is happy, they have a smile. Don't forget to talk about the rest of the body and tone of voice! When someone is sad, their eyes are droopy, their eyebrows go down, their head hangs down, and their body is limp. It is SO important to help students begin to look at (read) others' body language. See the chart below for ideas on how you can describe how feelings look and feel.

Monster Feeling Faces: Hold up a monster feeling card. Students name the feeling and describe how it looks. Use mirrors or have students sit face to face with someone. Students need to be able to see all the details in someone's face and body.

Monster Feeling Match: Print both sets of cards. Flip all the cards over on a table. Match the feelings cards like the game memory.

Monster Feeling MOVE Match Up: Print both sets of cards. Give out a feeling card to each student. Students walk around making the feeling face from their card (not showing anyone their card). Students have to find the friend who has the who has the matching feeling card as them by reading the feeling on the other student's face. Students show each other their feeling cards to see if they have the right match.

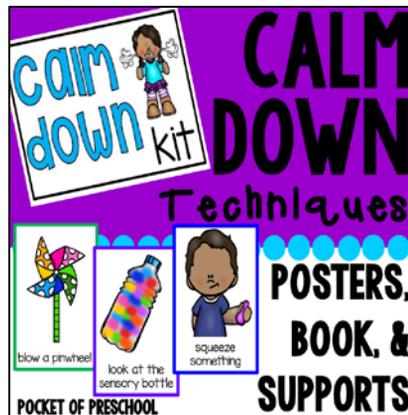
	Eyes & Eyebrows	Mouth	Arms	Body	Tone of Voice
Happy	relaxed	smile	by their side	relaxed	normal
Sad	tears, eyes looking at the ground	frown	hang	limp, head hangs down	quiet, mumbling as they cry
Mad	squinted, eyebrows straight across	scrunched up	arms straight down, hands in fists	tight, stomping feet	loud
Silly	looking side, up, or all around	open, tongue out, pouty	wiggly, moving around	wiggly, moving around	making voice sound different
Scared	eyes looking all around	straight across	elbows in, hands in fists	tight, shaking	quiet
Worried	squinted, looking around	tight, straight across	in close, tight	frozen, still or walking around	loud or no noise

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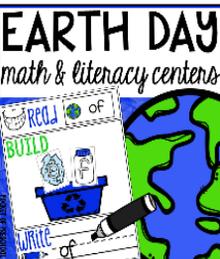
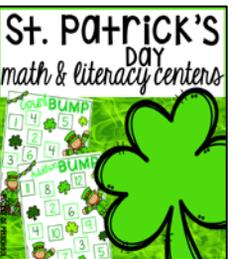
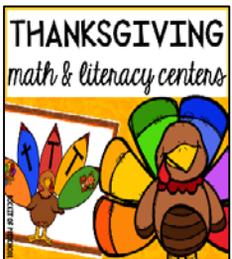
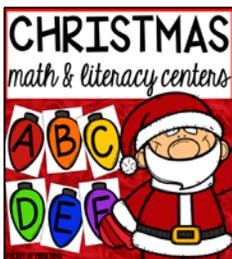
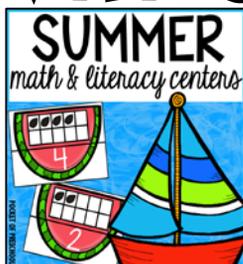
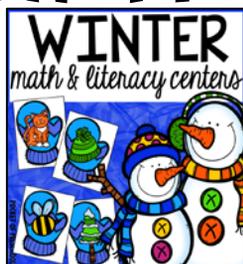
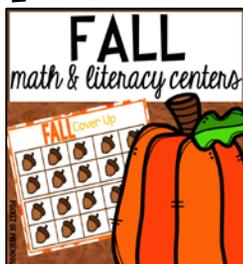
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